

Exploratory Options for 7th Graders

— Physical Health & Education —

7th Grade IB Health and Physical Education -- Semester

This general PE course is designed for those that would like to participate in a variety of sports and activities and follows the traditional physical education model. Students will participate in team sports, individual and dual sports, recreational activities, and fitness/conditioning activities. They will increase their health knowledge as well as their physical skills and strategies for a variety of activities.

Team Sports (6th-8th Combined) --Semester

This course provides students the knowledge, experience, and opportunity to develop skills in more than one team sport such as volleyball, basketball, soccer, and so on. Not only will students learn about common team sports, but they will also be going through a series of conditioning activities that help develop muscular strength, flexibility, and cardiovascular fitness. While taking this course, students will be expected to dress in athletic clothes every day for class. In order for students to take this course they will need to meet the requirements listed below.

Dance and Conditioning- (6th-8th combined) --Semester

Dance and conditioning give students the opportunity at different levels of exposure and abilities to experience and develop skills in different types of dance (ballet, hip-hop, musical theater, etc) as well as work on fundamentals of physical fitness, aerobics, muscular development, flexibility, and stability/balance.

— Arts —

IB Visual Art II --Semester

Prerequisite: IB Visual Art I

Introduction to Principles of Design & the MYP Arts Cycle

The IB Visual Arts course is designed to build upon the foundation of artistic literacy through the principles of design. Students will have an opportunity to create artwork and use critical thinking skills as they develop their understanding of the arts in visual culture.

Arts Advanced (Studio) --Semester

Prerequisite: IB Visual Art II or Teacher recommendation

This course allows students to explore artistic behaviors like planning, problem-solving, and generating ideas as they explore their unique voice as an artist. Students will learn foundational skills in mediums such as paint, print, and 3D mediums.

Ceramics --Semester

This course provides an introductory exposure to the history of ceramics and a beginning-level experience in the use of clay as a fine art medium. Hands-on forming techniques, surface development, glazing, and kiln firing practices will be

Introduced.

Music --Semester-Long

The IB Music course is designed to provide students with the basis for musical innovation and creative thinking. Students will be given the opportunity to explore sound, music, instruments, theory, and performance within different cultural perspectives and genres such as rhythm, blues, rock, rap, and electronic (EDM). Students will explore sound as a means of expressing imaginative ideas while learning to reflect deeply on their identity as they create and perform music.

— Design —

Digital Design --Semester

Students apply the steps of the design cycle as they work through various projects and problems. This is a creative problem-solving class that is inquiry-based, including hands-on building, and product design. We stress IB's focus on teamwork and collaboration.

— Language Acquisition —

Spanish -- Year-long

This course is designed to develop students' proficiency and fluency in the Spanish language. We will focus on the four language skills which are: listening, reading, writing, and speaking. The goal is to use Spanish as the primary source of communication in class (However, some English is used- mainly for clarification purposes). The thematic units are developed in a meaningful way to provide context for students to use inside and outside of the classroom.

World Languages & Cultures II -- Year-long

Students will do an in-depth study of one or more languages starting with Latin or classical Greek as a foundation for our own language and culture in the United States. Next, Germanic, Slovak, and Romantic languages will be explored.